



Yerington Senior Center

Monday– Friday 9:00am - 4:30pm
 Supervisor: Araceli Galindo
 117 Tilson Way, Yerington NV, 89447
 775-463-6550
 www.lyon-county.org

Menu January 2026

Monday-Friday:

Lunch 11:30-12:30

Menu Subject to Change

1/2 Pint Milk Served Daily

Age 60+ : \$2 Suggested Donation

Under 60 : \$7 Fee

**** Menu Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
*condiments will be provided if available	When available, Smart Balance will be served with bread/roll		¹ Centers Closed (New Years Holiday Observed)	² Fish & Chips -Green Beans -Tartar Sauce -Pears -100% Juice
⁵ Salisbury Steak -Mashed Potatoes -Gravy -Veggie Mix -Fruit of the Day -100% Juice	⁶ Pork Chops -Baked Potato -Baked Beans -Applesauce -Cole Slaw -100% Juice	⁷ Lemon Baked Fish -WW Bread -Peas Brown Rice -Tossed Salad -Italian Dressing -Grapes ADSD#161	⁸ Chicken Bacon Ranch Sub -Corn Cobbett -Baked Chips -Pickle Spear -Fruit Cocktail -100% Juice	⁹ Beef Pot Roast -Potatoes and Herbs -Carrots -Garden Salad -Dressing -Cantaloupe ADSD#157
¹² Meatballs w/Sauce, Mozzarella -WW Bread -Bean Salad -Green Beans -Fruit of the Day -100% Juice	¹³ Chili Dog Mac (ground beef, onion, tomatoes, hot dog, bell pepper, macaroni, cheese) -WW Roll -Mixed Veggies -Fruit of the Day -100% Juice	¹⁴ Minestrone Soup -Tuna Salad -WW Pita Bread -Fruit of the Day ADSD#8	¹⁵ Fish Taco -Cilantro Lime Topping -Garbanzo Salad -Coleslaw -100% Juice	¹⁶ Herb Baked Chicken -WW Bread -Smart Balance -Sweet Mashed Potatoes -Herbed Vegt. Medley -Spiced Applesauce ADSD#73
¹⁹ Senior Center Closed Martin Luther King Day	²⁰ Chicken Fried Steak -Mashed Potatoes -Gravy -Broccoli -Four Bean Salad -Fruit of the Day -100% Juice	²¹ Tuna Noodle Casserole -WW Bread -Herbed Vegt. Medley -Sliced Tomato -Dressing -Oatmeal Date Bar ADSD#56	²² Birthday Lunch Meatloaf -Mashed Potatoes -Gravy -Parmesan Green Beans -Black Bean & Corn Salad -Fruit of the Day Cake and Ice Cream	²³ Sweet Italian Sausage with Red Peppers & Onions -WW Macaroni -Steamed Broccoli -Mixed Greens Salad LS Italian Dressing Fresh Banana ADSD#9
²⁶ Baked Fish Square -Cheddar Cheese -WW Bun -Hushpuppies -Chickpea Salad -Pears -100% Juice	²⁷ Chicken Pasta Primavera -Garlic Bread -Colorful Salad -Italian Dressing -Citrus Delight ADSD#32	²⁸ Turkey Fajita -Spanish Rice -Ranch Style Beans -Chopped Spinach -Dressing -Pineapple Chunks ADSD#17	²⁹ Chicken Stir Fry -Rice Pilaf -WW Roll -Four Bean Salad -100% Juice	³⁰ Lowboy Casserole (Beef, black beans, pinto beans, tomato, corn, tater tots) -WW Bread -Zucchini -Fresh Fruit -100% Juice

