



Silver Springs Senior Center

Monday– Friday 9:00 - 4:30
 Supervisor: Penny Valiska
 Address: 2945 Ft. Churchill
 Phone #: 775-577-5014
www.lyon-county.org

Menu February 2026

Monday-Friday:

Lunch 11:30-12:30

Menu Subject to Change

1/2 Pint Milk Served Daily

Age 60+ : \$2 Suggested Donation

Under 60 : \$7 Fee

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Tenders -Potato Wedges -Corn -Ranch Dipping Sauce -Pears -Four Bean Salad	3 Shepherd's Pie -Fresh Spinach -LS Italian Dressing -Apricot Bran Muffin -Banana ADSD#29	4 Loaded Sweet Potato Fries (Carnitas) -Mexican Corn & Black Beans -Coleslaw -Peaches	5 Baked Fish Fillet -French Baked Potatoes -Garden Salad -Balsamic Vinaigrette -Creamy Coleslaw -Strawberries ADSD#6	6 Biscuits & Gravy W/Ground Pork -Scrambled Eggs -Hash Browns -Orange Wedges -V-8
9 Country Fried Steak -Mashed Potatoes -Gravy -Mixed Veggies -Fruit of the Day -100% Juice	10 Beef Taco w/cheese, Lettuce & Tomato -Refried Beans -Spanish Rice -Street Corn Casserole -100% Juice	11 Baked Fish Scandia Brown Rice WW Roll Mixed Veggies Colorful Salad Tropical Fruit Cup ADSD #112	12 Corn Potato Chowder -Turkey Sandwich -Carrot Raisin Salad -Strawberries ADSD #64	13 Valentine's Day Lunch Chicken Cordon Bleu -Long Grain Rice -Peas & Pearl Onions -Salad W/ Dressing -100% Juice Desert
16 Closed for Presidents Day	17 Breaded Fish Square -w/ Cheese & WW Bun -Hushpuppies -Four Bean Salad -Pears -100% Juice	18 Roma Burger -Corn -Baked Beans -Lettuce/Ketchup/Mayo -Cantaloupe ADSD#92	19 Chicken Pasta -Herbed Vegetable Medley -Chopped Fresh Spinach W/Honey Dressing -WW Roll -Spiced Applesauce ADSD #146	20 Philly Cheesesteak Pasta -Garlic Bread -Broccoli -Salad -Dressing -100% Juice
23 Popcorn Chicken Bowl (Chicken Nuggets, Mashed Potatoes, Gravy, Corn & Cheese) -Biscuit -Peaches -100% Juice	24 Chicken Mall Recipe -Brown Rice -Peas -Asian Slaw -100% Juice	25 Meatloaf -Gravy -Mashed Potato -Steamed Spinach -Salad W/Dressing -Banana	26 Clam Chowder Turkey Sandwich Carrots Spinach W/French Dressing Cantaloupe & Strawberries ADSD #43	25 Hamburger on WW/Bun -Lettuce, Tomato, Onion -Baked Beans -Mixed Veggies -Cantaloupe -Mayo & Ketchup ADSD #14