



Fernley Senior Center

Monday– Friday 9:00 - 4:30
 Supervisor: Jennifer Apgar
 Address: 105 Lois Lane Fernley, NV 89408
 Phone #: (775)575-3370 option 1
www.lyon-county.org

Menu February 2026

Monday-Friday:

Lunch 11:30-12:30

Menu Subject to Change

1/2 Pint Milk Served Daily

Age 60+ : \$2 Suggested Donation

Under 60 : \$7 Fee

Monday	Tuesday	Wednesday	Thursday	Friday
2 Meatball Sandwich -w/Mozzarella & WW Hoagie Roll -Broccoli -Fruit of the Day -100% Fruit Juice	3 Sweet & Sour Chicken -Brown Rice -Peas & Carrots -Fresh Spinach -FF Catalina Dressing -Smart Balance ADSD#11	4 Chicken Fried Steak -Mashed Potatoes -Country Gravy -Mixed Veggies -Pears -100% Juice	5 Sheet Pan Shrimp Taco -Spanish Rice -Refried Beans -Sour Cream -Mango Jicama Slaw -100% Juice	6 Shepherd's Pie -Fresh Spinach -LS Italian Dressing -Apricot Bran Muffin -Banana ADSD#29
9 Baked Chicken Tenders -French Baked Potatoes -Carrots -Pineapple ADSD #D123	10 Pimento Chili Chicken -Brown Rice -Four Bean Salad -Tropical Fruit -100% Juice	11 Sloppy Joe on WW Bun -Baked Beans -Carrots -Fruit Cocktail ADSD#34	12 Breaded Fish Square -w/ Cheese & WW Bun -Hushpuppies -Chickpea Salad -Frozen Berry Cup -Fruit Cocktail	13 *Valentine's Day Lunch* Meatloaf -Gravy -Scalloped Potatoes -Garlic Sautéed Spinach -Fresh Fruit -100% Juice -Brownie
16 *Senior Center Closed* Presidents Day 	17 Hot dog on WW Bun -Mustard/Ketchup/ Relish -Mac 'n' Cheese -Green Beans -Mandarins -100% Juice	18 Roma Burger -Corn on Cob -Baked Beans -Lettuce/Ketchup/ Mayo -Cantaloupe ADSD#92	19 Fish Tacos -Frijoles Charros -Strawberries -Mango -Corn ADSD #168	20 *Birthday Lunch* Blue Cheese Chicken -Blue Cheese Roasted Potatoes -Peas -Fruit Cocktail -100% Juice -Cranberry Cake
23 Salisbury Steak -Onion Roasted potatoes -Lima Beans -Applesauce -100% Juice	24 Honey Lemon Chicken -Garlic & Red Pepper Penne -Cracked Wheat Bread -Brussel Sprouts -Garden Salad -Creamy Italian Dressing -Peaches ADSD116	25 Beef Taco w/cheese -Spanish Rice -Cowboy Caviar (beans, corn, tomatoes, onion, bell pepper, avocado) -Tortilla Chips -Sour Cream -100% Juice	26 Lemon Baked Fish II -Cracked Wheat Bread -Peas -Brown Rice -Tossed Salad -Creamy Italian Drsg. -Grapes ADSD #161	25 Loaded Baked Potato Soup -Green Beans -WW Bread -Copycat Olive Garden Salad -Dressing 100% Juice

*Condiments will be
 provided if available

When available,
 Smart Balance will be
 served with bread/roll